



# Newsletter

#breastcancerawareness  
month



#mentalhealthawareness

#hopeforthefuture



#same-samebutdifferent

## What's in?

- Yellow Day
- Career Day
- Pink Day
- Parents'-  
Teacher  
Meeting
- Odd Socks Day





# "Shining Bright on Mental Health Awareness Day!"



11th October 2023 was Mental Health Awareness Day. EYFS and Year 1 celebrated the day by wearing bright yellow. It was a day full of learning about taking care of our minds and feelings.

## What's Mental Health Awareness Day?

It is a special day when we focus on our feelings and thoughts. It's all about understanding that just like our bodies, our minds need care and support too.



To show support, all the teachers and the children wore the sunny color yellow! It was like a field of bright daisies. Some even flew yellow balloons high in the sky to spread positivity.



It was a whole day of exciting activities to learn more about mental health.



Be aware of your emotions...



Understand your feelings...







The EYFS and Year 1 students even graced the corridors with their parade in yellow outfits. It is a way to show support and awareness for mental health and well being.

Releasing yellow balloons up the sky symbolizes letting go of negative thoughts and spreading happiness.







Stay bright  
and kind!





Yellow is the colour of sunshine and happiness. Wearing yellow shows that we care about everyone's well-being. It's a way to say, "You are not alone, and we are here for you!"



Mental Health Awareness Day reminds us to be kind and understanding to those who might be going through tough times. It's important to be a friend and listen.





# A SNEAK PEEK INTO CHILDREN'S DREAMS



## EXPLORING THE FUTURE AT CAREER DAY







Career Day is dressing up as what the children want to be when they grow up! It is a special day to think about their dreams and the jobs they want to do when they're older. It was held on 17th October 2023 for EYFS and Year 1 students of SIPS.







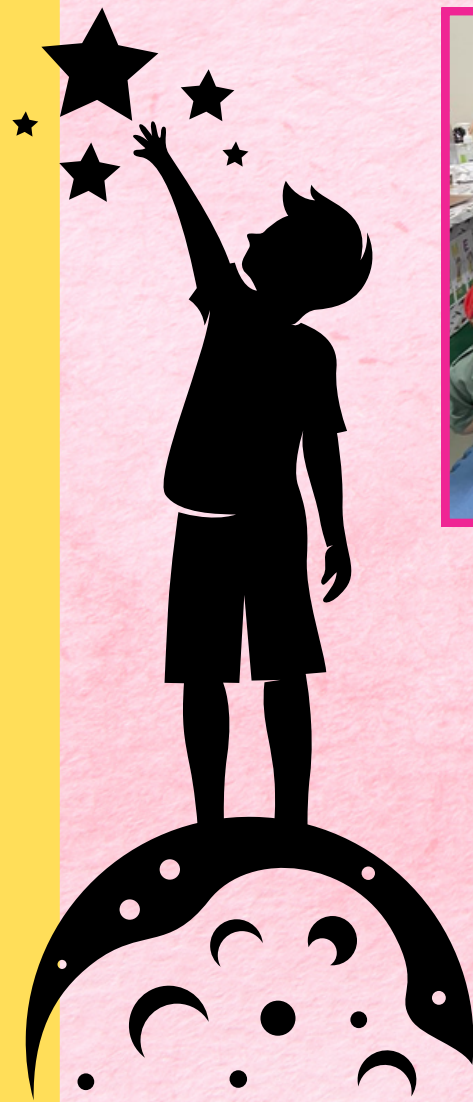
The children dressed up as doctors, teachers, astronauts, artists, and many other awesome professions.







DREAM







*I have big dreams, and I can be anything I want when I grow up!*







**Career Day is all about thinking big and believing in ourselves. It's important to follow our dreams and work hard to make them come true.**



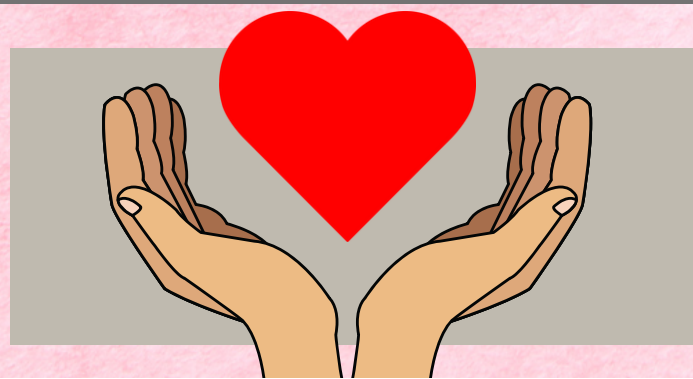
*Follow  
- your -  
Dreams*



# POWER OF *Pink*

# THINK *Pink*

October is the Breast Cancer Awareness Month. The EYFS and the Year 1 students at Sharjah International Private School dedicated 26th of October 2023 to show support to those battling with Breast Cancer and their families.





# PINK EVERYWHERE!



It was like a sea of pink among the students and the teachers. Some even wore pink ribbons to show love and support.

*Together We Can!*







her  
Fight  
is my  
Fight

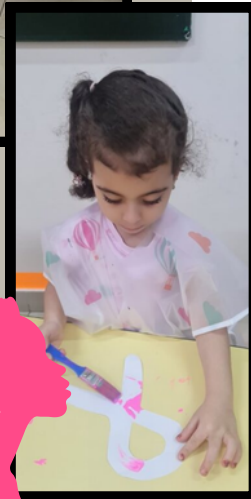




Pink is the color of breast cancer awareness.



**BREAST CANCER**  
AWARENESS MONTH







Children did some fun activities to learn more about breast cancer and ways they can help.







A delightful Pink Parade was orchestrated, marching together in their rosy ensembles.



HOPE



# PARENTS AND TEACHERS' MEETING

On 28th of October 2023, Sharjah International Private School hosted a Parents and Teachers Meeting, providing a platform for open communication and collaboration.

During the meeting, teachers shared valuable insights into students' performances across various aspects of school life. This included academic achievements, behavioral assessments, and the skills and knowledge students had gained. Parents had the opportunity to hear about their child's accomplishments and milestones, reinforcing the positive aspects of their education.

The significance of Parents and Teachers Meetings lay in the collaborative effort to enhance a student's educational journey. When parents and teachers worked together, they could identify ways to provide the best possible support, making the learning experience more rewarding and successful for the students.





# Celebrating Diversity and Unity: Odd Socks Day

At Sharjah International Private School, October 30 marked a remarkable celebration of individuality and unity as Early Years Foundation Stage (EYFS) and Year 1 students embraced Odd Socks Day. This event not only showcased their unique fashion choices but also sent a powerful message against bullying while emphasizing the beauty of each individual's differences.







Odd Socks Day, a global initiative, encourages participants to wear two mismatched socks, symbolizing the celebration of uniqueness. The event underscores the significance of treating every individual with respect, kindness, and empathy, standing up against bullying, and creating an inclusive atmosphere. Students and staff at Sharjah International Private School eagerly participated, setting a fantastic example of unity and acceptance.









The celebration was more than just a fashion statement; it was a platform for discussions about the value of diversity and the importance of empathy and compassion. By breaking down stereotypes and biases through their quirky sock choices, students and teachers at the school worked to foster a culture of acceptance and inclusion. Sharjah International Private School's participation in Odd Socks Day was a heartwarming reminder that celebrating differences can create a more inclusive and harmonious community for all.





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## Next Month

November 16- Purple Day

November 28- National Day

PURPLE  
DAY

